

ADULT SERVICES 2025

MARCH



Woodland Park
Public Library
at Berkeley College
44 Rifle Camp Road
(973) 345- 8120
www.abwplibrary.org

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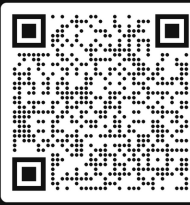
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REGISTER FOR PROGRAMS!

Scan the QR Code to register for all programs and special events! You could also visit the events tab on our website or call the library! www.abwplibrary.org



2 	3 Yoga & Meditation 11:00 am Baumann Book Club 7:00 pm 	4 Coffee and... 11:00 am Guest: Councilwoman Tina Gatti 	5  Unwind with Crafts 6:30 pm	6 Unwind with Crafts 11:00 am Adult Bingo 6:30 pm 	7 Lunch & a Movie 11:00 am Mahjong 2:00 pm 	8 
9 	10 Yoga & Meditation 11:00 am Dancercise 6:30 pm 	11 Senior Wellness: Inoculations & Medication Safety 1:00 pm Floral Tealight Craft 6:30 pm 	12 Unwind with Crafts 6:30 pm FAB Meeting 6:30 pm 	13 Unwind with Crafts 11:00 am Sit & Fit 12:00 pm Ballroom Dancing 6:30 pm	14 Mahjong 2:00 pm 	15 
16 	17 Yoga & Meditation 11:00 am Dancercise 6:30 pm	18 Paint by Number 6:30 pm 	19 Unwind with Crafts 6:30 pm 	20 Unwind with Crafts 11:00 am Sit & Fit 12:00 pm 	21 Mahjong 2:00 pm 	22
23 	24 Yoga & Meditation 11:00 am Dancercise 6:30 pm Yoga & Meditation 11:00 am Dancercise 6:30 pm	25 Craftafternoon 1:00 pm Paint by Number 6:30 pm 	26 Unwind with Crafts 6:30 pm OverBOOKED Book Club 7:00 pm 	27 Unwind with Crafts 11:00 am Sit & Fit 12:00 pm Passaic County Outreach 5:00 pm Spice Club 6:30 pm 	28 Mahjong 2:00 pm 	29
30	31					

Please register for all programs at www.abwplibrary.org

Yoga & Meditation

Mondays @ 11:00 am

Join us for a chair yoga & meditation session.
Let your problems go for a while & relax with us.

Dancercise

Mondays @ 6:30 pm

Join us for dancercise class every Monday!



Coffee and...

1st Tuesday of each month @ 11:00 am

Looking for a friend or someone to chat with?
Stop by the library, have a cup of coffee,
and...Bring a friend or make some friends!
Special Guest: Councilwoman Tina Gatti



Unwind with Crafts

Wednesdays @ 6:30 pm

Thursdays @ 11:00 am

Work on your craft projects, crochet, knitting,
embroidery, etc. at the library. Coloring book
supplies & pencils available too!



Sit & Fit

Thursdays @ 12:00 pm

Get fit from your chair! This is a fun, lively exercise
class to help you get into shape while sitting in
your chair. Don't forget to bring your water!

Mahjong

Fridays @ 2:00 pm

Whether you're a seasoned player
or a beginner, come enjoy the fun
and strategy of this timeless game!



Baumann Book Club

Monday, March 3rd @ 7:00 pm

Reading: *The Lost and Found Bookshop*
by Susan Wiggs



Adult Bingo

Thursday, March 6th @ 6:30 pm

Join us for a fun night of Bingo!
Feel free to bring snacks &
lucky charms! This program is for adults.



Lunch & a Movie

Friday, March 7th @ 11:00 am

Featuring: Cocoon



Senior Wellness: Inoculations & Medication Safety

Tuesday, March 11th @ 1:00 pm

Join us and Passaic County Health as they
present information on how to take
medication properly as we age, and
suggested inoculations for seniors.



Floral Tealight Craft

Tuesday, March 11th @ 6:30 pm

Come ready to craft as we make decorative
floral tealights.



MUSEUM PASSES

American Museum of Natural History, Intrepid Museum,
Museum of Early Crafts and Trades, Brooklyn Botanic
Gardens, Morris Museum, Storm King Art Center,
9/11 Memorial & Museum, Montclair Art Museum,
Liberty Science Center

Paint By Number (3 Week Session)

Tuesdays, March 18th - April 1st @ 6:30 pm

Enjoy a relaxing evening activity with a paint by
numbers kit. All supplies will be provided. **Please
note: this is a 3 week session, you must attend
all weeks. Registration is required.**



Ballroom Dance Class

Thursday, March 13th @ 6:30 pm

The Fred Astaire Dance Studio will be here to
teach a Ballroom dance class.



Crafternoon for Adults

Tuesday, March 25th @ 1:00 pm

Join us to create a beautiful craft. All materials
will be supplied.

OverBOOKED Book Club

Wednesday, March 26th @ 7:00 pm

This is a book club for Gen X and Millennials.
Reading: *All the Colors of the Dark* by Chris
Whitaker



Passaic County Outreach

Thursday, March 27th @ 5:00 - 7:00 pm

Passports, Notary Renewals, and
Veteran ID cards.

Spice Club

Thursday, March 27th @ 6:30 pm

This month we will sample rosemary.
You will receive a spice packet, recipe
and a brief history of the spice.



Please register for all programs at
www.abwplibrary.org

All programs are free!

Woodland Park residents take
first priority when there is a waiting list.