ADULT SERVICES 2025

OCTOBER



Woodland Park
Public Library
at Berkeley College
44 Rifle Camp Road
(973) 345- 8120
www.abwplibrary.org

SUN	MON	TUE	WED	THU	FRI	SAT
REGISTER FOR PROGRAMS! Scan the QR Code to register for all programs and special events! You could also visit the events tab on our website or call the library! www.abwplibrary.org		SCAN TO REGISTER	1 Mikie Sherrill Constituent Team WP Municipal Bldg. 12:00 pm Unwind with Crafts 6:30 pm	Unwind with Crafts 11:00 am Sit & Fit 12:00 pm Adult Bingo 6:30 pm	Lunch & a Movie 11:00 am Mahjong 2:00 pm	4
S Constitution of the second o	6 Yoga & Meditation 11:00 am Dancercise 6:30 pm Baumann Book Club 7:00 pm	7 Coffee and 11:00 am Guest: Anthony Ficarra, Assistant Fire Chief Paint by Numbers 6:30 pm	Unwind with Crafts 6:30 pm Library Chef: Choosing, Prepping, and Enjoying Apples (Virtual) 7:30 pm	9 Unwind with Crafts Sit & Fit 11:00 am 12:00 pm Mental Health Awareness 6:30 pm	Mahjong 2:00 pm Sweet and Savory Sensations 7:00 pm	11
12	13 Library Closed	Paint by Numbers 6:30 pm	Unwind with Crafts 6:30 pm Library Chef: Caraway Seed Sourdough Crackers (Virtual) 7:00 pm	Unwind with Crafts 11:00 am 12:00 pm Potion Making Craft 6:30 pm	Mahjong 2:00 pm	18
19	Yoga & Meditation 11:00 am Dancercise 6:30 pm	Speaking From Spirit & Angel Messages 6:30 pm	Unwind with Crafts 6:30 pm	23 Unwind with Crafts 11:00 am Sit & Fit 12:00 pm Spice Club 6:30 pm	Mahjong 2:00 pm	25
26	Yoga & Meditation 11:00 am Dancercise 6:30 pm	28 Crafternoon 1:00 pm Fall Mocktails 6:30 pm	Unwind with Crafts 6:30 pm	Unwind with Crafts 11:00 am Sit & Fit 12:00 pm	Mahjong 2:00 pm HAPPY HALLOWEEN	

Please register for all programs at www.abwplibrary.org

Yoga & Meditation

Mondays @ 11:00 am Join us for a chair yoga & meditation session.

Let your problems go for awhile & relax with us.

Dancercise

Mondays @ 6:30 pm

Join us for dancercise class every Monday!

Coffee and...

1st Tuesday of each month @ 11:00 am

Looking for a friend or someone to chat with? Stop by the library, have a cup of coffee, and...Bring a friend or make some friends!

Special Guest: Anthony Ficarra, Assistant Fire Chief

Unwind with Crafts

Wednesdays @ 6:30 pm

Thursdays @ 11:00 am

Work on your craft projects, crochet, knitting, embroidery at the library. Coloring book supplies & pencils available too!



Thursdays @ 12:00 pm

Get fit from your chair! This is a fun, lively exercise class to help you get into shape while sitting in your chair. Don't forget to bring your water!



Mahjong

Fridays @ 2:00 pm

Whether you're a seasoned player or a beginner, come enjoy the fun and strategy of this timeless game!

> Please register for all programs at www.abwplibrary.org

Mikie Sherrill Constituent Team Wednesday, October 1st @ 12:00 pm **Located in the Borough Community Room**

Get an overview from Mikie Sherrill's team on constituent services and have a chance to ask questions about how they can assist you.

Paint By Number (5 Week Session)

Tuesday, Sep 16, 23, 30, Oct 7, 14 @ 6:30 pm Enjoy a relaxing evening activity with a paint by

numbers kit. All supplies will be provided. Ple note: this is a 5 week session, you must attend all weeks. Registration is required.

Adult Bingo

Thursday, October 2nd @ 6:30 pm

Join us for a fun night of Bingo! Feel free to bring snacks & lucky charms! This program is for adults.

Lunch & a Movie

Friday, October 3rd @ 11:00 am Watching: And Then There Were None

Baumann Book Club

Monday, October 6th @ 7:00 pm

Reading: Mrs. Poe by Lynn Cullen



SATURDAY MATINEE NOVEMBER 22, 2025: \$129 p/p

All programs are free!

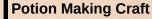
Choosing, Prepping and Enjoying Apples (Virtual) Wednesday, October 8th @7:00 pm

Discover how to choose the best apples for cooking and snacking, prep and store them, and easy ways to enjoy them all season long.

Mental Health Awareness Workshop

Thursday, October 9th @ 6:30 pm

Navigating the path to mental well-being one conversation at a time with the Mental Health Center of Passaic.



Tuesday, October 16th @ 6:30 pm

Create your own custom potion décor for this year's spooky season.

Speaking From Spirit & Angel Messages Tuesday, October 21st @ 6:30 pm

Join us for a powerful and inspiring program as RoseMarie Rubinetti-Cappiello shares her gifts of speaking from spirit and mediumship.

Spice Club

Thursday, October 23rd @ 6:30 pm

This month we will sample All Spice. You will receive a spice packet, recipe and a brief history of the spice.

Crafternoon

Tuesday, October 28th @ 1:00 pm

Join us to create a beautiful craft. All materials will be supplied.

Fall Mocktails

Tuesday, October 28th @ 6:30 pm

Learn how to make delicious mocktails going into the cozy months.

> Woodland Park residents take first priority when there is a waiting list.