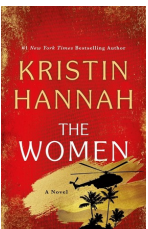




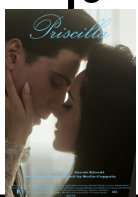




















ADULT SERVICES
2024

APRIL



Woodland Park Public Library at Berkeley College
44 Rifle Camp Road, Woodland Park, NJ
(973) 345- 8120 | www.abwplibrary.org

SUN	MON	TUE	WED	THU	FRI	SAT	
	1  Weigh to Go 10:00 am Yoga & Meditation 11:00 am Dancercise 6:30 pm Baumann Book Club 7:00 pm	2 Coffee and... 11:00 am Guest: Councilwoman Christine Tiseo 	3 Unwind with Pat 6:30 pm 	4 Unwind with Pat 11:00 am Sit & Fit 12:00 pm Adult BINGO 6:30 pm 	5 Lunch and a Movie 11:00 am 	6	
7 	8 Weigh to Go 10:00 am Yoga & Meditation 11:00 am Let's Talk Dancercise 6:30 pm 6:30 pm Right to Read Day	9 National Library Workers Day! 	10 Unwind with Pat 6:30 pm Friends of the Library 6:30 pm National Outreach Day! 	11 Unwind with Pat 11:00 am Sit & Fit 12:00 pm Take Action for Libraries Day!	12 Sourdough Bread Presentation 6:30pm 	13 	
14 	15 Weigh to Go 10:00 am Yoga & Meditation 11:00 am Dancercise 6:30 pm	16 	17 Unwind with Pat 6:30 pm 	18 Unwind with Pat 11:00 am Sit & Fit 12:00 pm Jewelry Making with Mason 6:30 pm 	19	20	
21 	22 Weigh to Go 10:00 am Yoga & Meditation 11:00 am Let's Talk Dancercise 6:30 pm 6:30 pm	23 Crafternoon for Adults 1:00pm 	24 Unwind with Pat 6:30 pm OverBOOKED Book Club 7:00 pm 	25 Unwind with Pat 11:00 am Sit & Fit 12:00 pm Spice of the Month Club 6:30 pm 	26	27 	
28 FOLLOW US ON SOCIAL MEDIA! @abwplibrary  	29 Weigh to Go 10:00 am Yoga & Meditation 11:00 am Dancercise 6:30 pm	30 	REGISTER FOR PROGRAMS! Scan the QR Code to register for all programs and special events! You could also visit the events tab on our website or call the library! www.abwplibrary.org				

Please register for all programs at www.abwplibrary.org

Weigh to Go

Monday's @ 10:00 am

No judgement weight loss journey sharing group. Share tips, struggles, stories or just listen!



Yoga & Meditation

Monday's @ 11:00 am

Join us for a relaxing yoga & meditation session. Let your problems go for awhile & relax with us.



Dancercise

Monday's @ 6:30 pm

Join us for dancercise class every Monday!



Let's Talk Conversation Club

2nd & 4th Monday @ 6:30 pm

This program is for adults that speak a foreign language & would like to brush up on English speaking skills.



Unwind with Pat

Wednesday's @ 6:30 pm

Thursday's @ 11:00 am

Work on your craft projects, crochet, knitting, embroidery at the library. Coloring book supplies & pencils available too!



Sit & Fit

Thursday's @ 12:00 pm

Get fit from your chair! This is a fun, lively exercise class to help you get into shape while sitting in your chair. Don't forget to bring your water!



Coffee and...

1st Tuesday of each month @ 11:00 am

Looking for a friend or someone to chat with? Stop by the library, have a cup of coffee, and...Bring a friends or make some friends! Special Guest: Councilwoman Christine Tiseo



Right to Read Day - Monday 4/8

National Library Worker's Day! - Tuesday 4/9

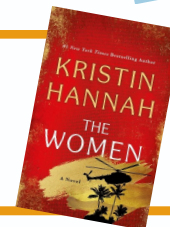
National Outreach Day! - Wednesday 4/10

Take Action for Libraries Day! - Thursday 4/11

Baumann Book Club

Monday, Apr. 1st @ 7:00 pm

Reading: The Women by Kristin Hannah



Adult Bingo

Thursday, Apr. 4th @ 6:30 pm

Join us for a fun night of Bingo!

Lunch & a Movie

Friday, Apr. 5th @ 11:00 am

Featuring: Priscilla

Sourdough Bread Presentation

Thursday, Apr. 11th @ 6:30pm

Shop Rite's baker will show how to make sourdough bread. We will taste samples and create your own bread starter.

Jewelry Making with Mason

Thursday, Apr. 18th @ 6:30pm

Join us to create a beautiful piece of jewelry. All materials will be supplied.

Crafternoon for Adults

Tuesday, Apr. 23rd @ 1:00 pm

Join us to create a beautiful craft. All materials will be supplied.



OverBOOKED Book Club

Wednesday, Apr. 24th @ 7:00 pm

This is a book club for Gen X and Millennials. Reading: Things We Never Got Over by Lucy Score



Spice Club

Apr. 25th @ 6:30 pm

This month we will sample cloves. You will receive a spice packet, recipe and a brief history of the spice.



Please register for all programs at www.abwplibrary.org

All programs are free!

Woodland Park residents take first priority when there is a waiting list.