ADULT SERVICES 2025





Woodland Park
Public Library
at Berkeley College
44 Rifle Camp Road
(973) 345- 8120
www.abwplibrary.org

-	SUN	MON	TUE	WED	THU	FRI	SAT
	REGISTER FOR PROG Scan the QR Code to programs and specia also visit the events t call the library! www	register for all l events! You could ab on our website or	SCAN TO REGISTER		WEXANT.	1 Mahjong 10:30 am Lunch & a Movie 11:00 am 10:00am - 1:00pm	2 10:00am-1:00pm
	3	Yoga & Meditation 11:00 am Dancercise 6:30 pm Mosaic Coaster Craft 6:30 pm Baumann Book Club 7:00 pm	Coffee and 11:00 am Guest: Sandy Cameron, RN Paint by Number 6:30 pm National Night Out 6 pm - 9 pm	6 Unwind with Crafts 6:30 pm	7 Unwind with Crafts 11:00 am Sit & Fit 12:00 orn Adult Bingo 6:30 pm	Mahjong 10:30 am	10:00am-1:00pm
	10	Yoga & Meditation 11:00 am Dancercise 6:30 pm	12 Library Art Show 6:30 pm	Unwind with Crafts 6:30 pm	14 Unwind with Crafts Sit & Fit 11:00 am 12:00 pm Hands-On Soap Making Workshop 6:30	Mahjong 2:00 pm	16 10:00am-1:00pm
	17	Yoga & Meditation 11:00 am Dancercise 5:30 pm	19	20 Unwind with Crafts 6:30 pm	21 Unwind with Crafts 11:00 am Sit & Fit 12:00 pm Salsa Dance Class 6:30 pm	Mahjong 2:00 pm	23 10:00am-1:00pm
	24 31	25 Yoga & Meditation 11:00 am Dancercise 6:30 pm	Crafternoon 1:00 pm	27 Unwind with Crafts 6:30 pm	28 Unwind with Crafts 11:00 am Sit & Fit 12:00 pm Spice Club 6:30 pm	29 Mahjong 2:00 pm	30 LABOR Library Closed

Please register for all programs at www.abwplibrary.org

Yoga & Meditation

Mondays @ 11:00 am

Join us for a chair yoga & meditation session. Let your problems go for awhile & relax with us.

Dancercise

Mondays @ 6:30 pm

Join us for dancercise class every Monday!

Coffee and...

1st Tuesday of each month @ 11:00 am

Looking for a friend or someone to chat with? Stop by the library, have a cup of coffee, and...Bring a friend or make some friends!

Special Guest:

Sandy Cameron, RN, BSN, MSN

Unwind with Crafts

Wednesdays @ 6:30 pm

Thursdays @ 11:00 am

Work on your craft projects, crochet, knitting, embroidery at the library. Coloring book supplies & pencils available too!

Sit & Fit

Thursdays @ 12:00 pm

Get fit from your chair! This is a fun, lively exercise class to help you get into shape while sitting in your chair. Don't forget to bring your water!

Mahjong

Fridays @ 10:30 am

Whether you're a seasoned player or a beginner, come enjoy the fun and strategy of this timeless game!



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Lunch & a Movie

Friday, August 1st @ 11:00 am

Featuring: Instant Family

Baumann Book Club

Monday, August 4th @ 7:00 pm

Reading: The Book of Unknown Americans by Cristina Henriquez



Paint By Number (4 Week Session)

Tuesdays, Jul 15, 22, 29, August 5 @ 6:30 pm

Enjoy a relaxing evening activity with a paint by numbers kit. All supplies will be provided. Please note: this is a 4 week session, you must attend all weeks. Registration is required.

Mosaic Coaster Craft Monday, August 4th @ 6:30 pm Create a coaster using mosaic tiles!



National Night Out

Tuesday, August 5th @ 6:00 pm

Join the Municipal Alliance for their annual National Night Out! Stop by the library's table to paint a Kindness Rock, which will be displayed at the library on the Berkeley College campus! No registration required.

Adult Bingo

Thursday, August 7th @ 6:30 pm

Join us for a fun night of Bingo! Feel free to bring snacks & lucky charms! This program is for adults



Library Art Show

Tuesday, August 12th @ 6:30 pm

The entire family is invited to participate in a gallery show to celebrate the Woodland Park community and the art they have created this summer! View works from our adult craft programs, our weekly storytimes, the Woodland Park Summer Camp, and more. Refreshments will be served.

Hands-On Soap Making

Thursday, August 14th @ 6:30 pm

Join Martha from Clean Temple Body Essentials to make natural homemade soap.

Salsa Dance Class

Thursday, August 21st @ 6:00 pm

Fred Astaire Dance Studio will teach us how to do a salsa!

Crafternoon for Adults

Tuesday, August 26th @ 1:00 pm

Join us to create a beautiful craft. All materials will be supplied.

Spice Club

Thursday, August 28th @ 6:30 pm

This month we will sample **basturma**. You will receive a spice packet, recipe and a brief history of the spice.



Woodland Park residents take first priority when there is a waiting list.

All programs are free!