

ADULT SERVICES 2024

July



Woodland Park Public Library at Berkeley College
44 Rifle Camp Road, Woodland Park, NJ
(973) 345- 8120 | www.abwplibrary.org

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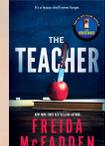
TUE

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<p>1</p>  <p>Yoga & Meditation 11:00 am Dancercise 6:30 pm Baumann Book Club 7:00 pm</p>	<p>2</p> <p>Coffee and... 11:00 am Guest: Passaic County Information & Assistance Specialist</p> 	<p>3</p> <p>Unwind with Pat 6:30 pm</p> 	<p>4</p> <p>HAPPY 4th of July</p> <p>Library Closed</p>	<p>5</p> <p>LIBRARY CLOSED NO LUNCH & MOVIE THIS MONTH</p>	<p>6</p> <p>Summer Hours: 10:00 AM - 1:00 PM</p>
<p>7</p> <p>FOLLOW US ON SOCIAL MEDIA! @abwplibrary</p> 	<p>8</p> <p>Yoga & Meditation 11:00 am Dancercise 6:30 pm Let's Talk 6:30 pm</p>	<p>9</p> <p>Skin Safety with Atlantic Dermatology 6:30 pm</p>	<p>10</p> <p>Unwind with Pat 6:30 pm No Friends meeting this month</p> 	<p>11</p> <p>Unwind with Pat 11:00 am Sit & Fit 12:00 pm International Night 6:30 pm</p>	<p>12</p> <p>13</p> <p>Summer Hours: 10:00 AM - 1:00 PM</p> 
<p>14</p>  <p>15</p> <p>Yoga & Meditation 11:00 am Dancercise 6:30 pm</p>	<p>16</p>  <p>17</p> <p>Unwind with Pat 6:30 pm</p> 	<p>18</p> <p>Unwind with Pat 11:00 am Sit & Fit 12:00 pm</p>	<p>19</p>  <p>20</p> <p>Summer Hours: 10:00 AM - 1:00 PM</p> 		
<p>21</p> <p>22</p> <p>Yoga & Meditation 11:00 am Dancercise 6:30 pm Let's Talk 6:30 pm</p> 	<p>23</p> <p>Crafternoon for Adults 1:00pm</p> 	<p>24</p> <p>Unwind with Pat 6:30 pm OverBOOKED Book Club 7:00 pm</p> 	<p>25</p> <p>Unwind with Pat 11:00 am Spice of the Month Club 6:30 pm Sit & Fit 12:00 pm Passaic County Outreach 6:30 pm</p>	<p>26</p> <p>27</p> <p>Summer Hours: 10:00 AM - 1:00 PM</p>	
<p>28</p>  <p>29</p> <p>Weigh to Go 10:00 am Yoga & Meditation 11:00 am Dancercise 6:30 pm</p>	<p>30</p> <p>Adult Chopped Dessert Challenge 6:30 pm</p> 	<p>31</p> <p>Unwind with Pat 6:30 pm</p>	<p>REGISTER FOR PROGRAMS! Scan the QR Code to register for all programs and special events! You could also visit the events tab on our website or call the library! www.abwplibrary.org</p> 		

Please register for all programs at www.abwplibrary.org

Yoga & Meditation

Monday's @ 11:00 am

Join us for a relaxing yoga & meditation session. Let your problems go for awhile & relax with us.



Dancercise

Monday's @ 6:30 pm

Join us for dancercise class every Monday!



Let's Talk Conversation Club

2nd & 4th Monday @ 6:30 pm

This program is for adults that speak a foreign language & would like to brush up on English speaking skills.



Unwind with Pat

Wednesday's @ 6:30 pm

Thursday's @ 11:00 am

Work on your craft projects, crochet, knitting, embroidery at the library. Coloring book supplies & pencils available too!



Sit & Fit

Thursday's @ 12:00 pm

Get fit from your chair! This is a fun, lively exercise class to help you get into shape while sitting in your chair. Don't forget to bring your water!



Coffee and...

1st Tuesday of each month @ 11:00 am

Looking for a friend or someone to chat with? Stop by the library, have a cup of coffee, and...Bring a friends or make some friends!

Special Guest: Passaic County Information & Assistance Specialist for Seniors.



Baumann Book Club

Monday, July 1st @ 7:00 pm

Reading: "The Magnificent Lives of Marjorie Post" by Allison Pataki



Skin Safety with Atlantic Dermatology LLC

July 9th @ 6:30 pm

Atlantic Dermatology will inform us how we can stay safe during not only the summer months but throughout the year. Learn how to protect your skin year round.

International Night

July 11th @ 6:30 pm

Come and join the festivities as we sample foods from other countries and enjoy dancers and other entertainment.



Crafternoon for Adults

Tuesday, July 23rd @ 1:00 pm

Join us to create a beautiful craft. All materials will be supplied.



OverBOOKED Book Club

Wednesday, July 24th @ 7:00 pm

This is a book club for Gen X and Millennials. Reading: The Teacher by Freida McFadden

Passaic County Outreach

July 25th from 5:00 to 7:00 pm

Passports, Notary Renewals, and Veteran ID cards.



Spice Club

Thursday, July 25th @ 6:30 pm

This month we will sample shawarma seasoning. You will receive a spice packet, recipe and a brief history of the spice.

Adult Chopped Dessert Challenge

July 30th @ 6:30 pm

Up for a fun challenge? Make a delicious dessert using the supplied basket ingredients in an allotted time frame. Prize will be given.



Museum Pass Program!

Check our website or stop in at the Woodland Park Library located at Berkeley College!

Please register for all programs at www.abwplibrary.org

All programs are free!

Woodland Park residents take first priority when there is a waiting list.